

Dear:

Your Fire Department physical is scheduled for: \_\_\_\_/\_\_\_\_\_/\_\_\_\_ @ \_\_\_\_\_

**Prior to your physical you will need to:**

- Complete all enclosed forms.
- Have your Chief or authorized personnel complete your authorization form.
- If under 18, have your parent or guardian sign your parental consent form.

**For the day of your physical you will need to:**

- **Fast** at least 8 hours for your blood work. Water is allowed, and take any scheduled medications.
- **Complete Hemacult** and bring with you, instruction sheet is in the packet.
- Make sure you are **clean shaven** for your Fit Test. Bring personal mask if you have one.
- Wear **comfortable clothes and shoes for Stress Test** if applicable.
- **Females**-you will need a copy of your most recent well woman check-up and mammogram.

**PPD Testing:**

- 2 Step test- administered one day and read 48-72 hours after placement.
- **Your test must be read by staff at Carroll Occupational Health, CorpOHS or by any one this list:**

CCVESA- Curtis Wiggins

**Stat 1** Heidi Halterman & Josh Zimmerman

**Stat 2** Harvey Sindler

**Stat 3** Kimberly Royer & Guy Garheart

**Stat 4** Danny Bloskey

**Stat 5** Charles Smith & Krissandra Martin

**Stat 6** Sue Mott & Michael Shorb

**Stat 7** Wayne Short

**Stat 8** Nicholas Krionderis, Joseph Kipe & Scott Tenney

**Stat 9** Lisa Elliott

**Stat 10** David Coe & Susan Hubble

**Stat 11** Vacant

**Stat 12** Amy Carney & Eddie Godwin

**Stat 13** Jeff Fleming & Christina Lippy-Barnes

**Stat 14** Susanne Robinette

**NO OUTSIDE INTERPRETATIONS WILL BE ACCEPTED.**

**IF YOU DO NOT RETURN FOR YOUR READ, THE SECOND TEST WILL BE SELF PAY.**

**All pending information must be provided to Carroll Occupational Health or CorpOHS within 2 weeks of the date of your physical or you will not be qualified.**

Please do not hesitate to contact me with any questions. We look forward to your visit and appreciate your dedication to our community.

Sincerely,

Lisa Degitz  
Practice Manager

**\*AUTHORIZATION FOR MEDICAL SERVICES MUST BE PRESENTED AT TIME OF SERVICE\***

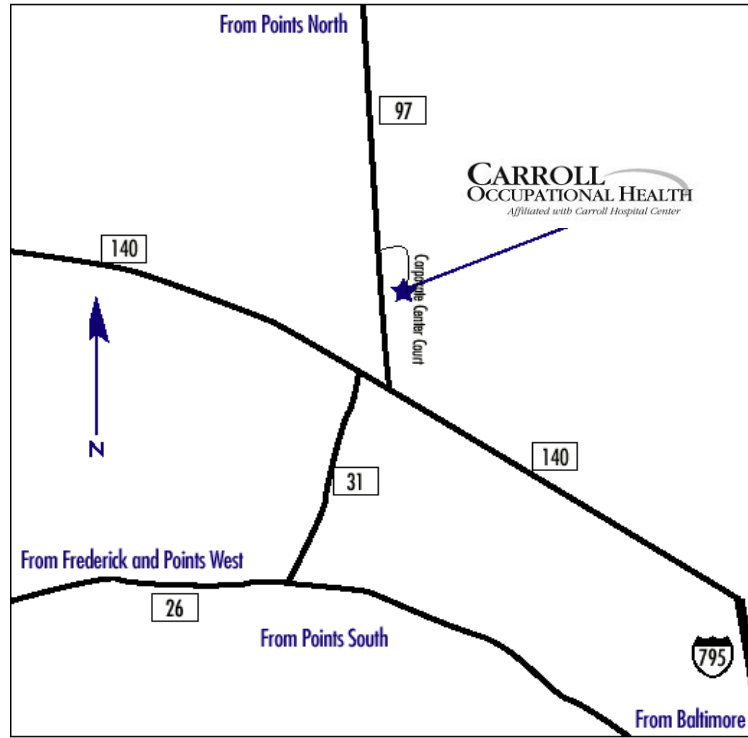
COMPANY NAME			<b>CC Volunteer Emer. Svc. Assoc</b>		
NAME OF STATION		EMPLOYEE'S NAME			
I authorize to you to provide this employee with the medical attention indicated below. I further acknowledge my company's responsibility for the payment of services.					
AUTHORIZED BY ( <i>SIGNATURE</i> )		DATE SIGNED	PRINTED NAME		
TITLE		PHONE NO.			
_____ Work-Related Injury		Date of Injury: _____		<input type="checkbox"/> Paid <input type="checkbox"/> Volunteer	
What Station was employee working/volunteering at when Injury occurred? _____					
<input type="checkbox"/> ATR <input type="checkbox"/> HazMat <input type="checkbox"/> Fire Police <input type="checkbox"/> Dive Team <input type="checkbox"/> Driver					<input type="checkbox"/> Approved for Saturday Appt.
<b><u>PHYSICAL EXAMS</u></b>			Check examination requested.		
_____ Initial Emergency Responder Physical					
_____ Annual Emergency Responder Physical					
_____ Fitness-For-Duty					
_____ Return-to-Work Urine Drug Screen 5 Panel Non-DOT					
_____ Requires DOT Physical					

**Carroll Occupational Health**  
 700-B Corporate Center Court, Suite A  
 Westminster, MD 21157  
**Appointments: 410-871-0470**  
**Fax: 410-871-0743**

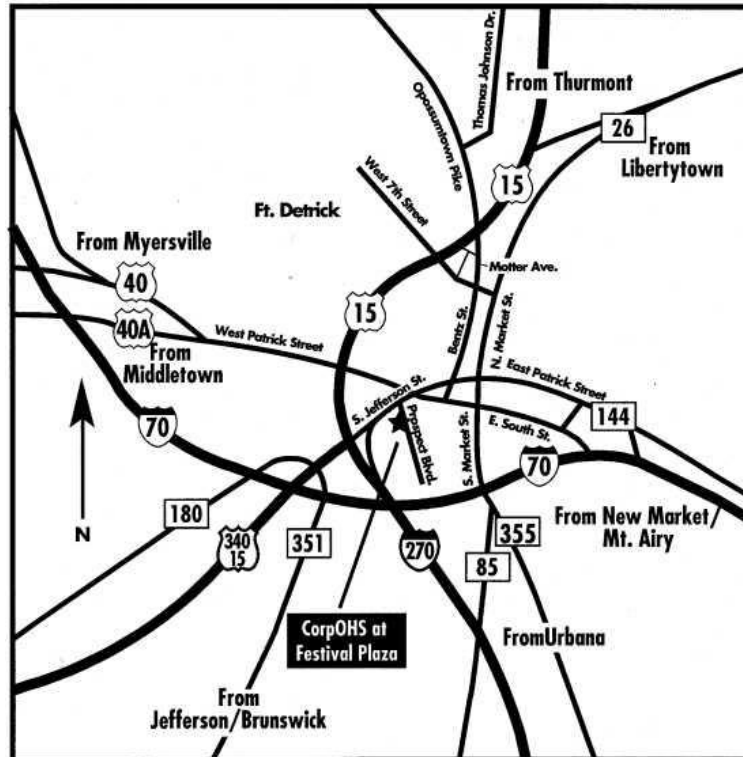
**CorpOHS**  
 490-L Prospect Blvd  
 Fredeick, MD 21701  
**Appointments: 240-566-3001**  
**Fax: 240-566-3003**

**Hours: Monday – Friday – 7:00am – 5:00pm**

**Carroll Occupational Health:**



**Corporate Occupational Health Solutions:**



Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_\_ / \_\_\_ / \_\_\_\_\_ Age: \_\_\_\_\_ Form: F-HXCOMP Page 1

### Medical History-Comprehensive

Allergies: Latex: \_\_\_ Yes \_\_\_ No  
 Medication Allergies: \_\_\_\_\_  
 Other Allergies: \_\_\_\_\_

Last Tetanus booster: \_\_\_\_\_  
 Current Medications: \_\_\_\_\_  
 \_\_\_\_\_  
 Current Physician: \_\_\_\_\_

Medical Illnesses - check all that apply:  
 \_\_\_ High Blood Pressure                      \_\_\_ Heart Disease  
 \_\_\_ Lung Disease                                \_\_\_ Kidney Disease  
 \_\_\_ Diabetes                                      \_\_\_ Anemia  
 \_\_\_ Seizures                                      \_\_\_ Cancer  
 \_\_\_ Stomach or Bowel Disorders: \_\_\_\_\_  
 \_\_\_ Fractures & Joint Injuries: \_\_\_\_\_  
 \_\_\_ Other: \_\_\_\_\_  
 Surgeries: \_\_\_\_\_

Social History - Check all that apply :  
 \_\_\_ Tobacco use    \_\_\_ Cigarettes: \_\_\_ packs/day            \_\_\_ years  
                              \_\_\_ Cigars:        \_\_\_ per day                    \_\_\_ years  
                              \_\_\_ Pipe:            \_\_\_ years  
                              \_\_\_ Chew/Snuff: \_\_\_ years  
 \_\_\_ Alcohol use    \_\_\_ Drinks per week

Place an X in the box if you have any of the conditions below now or in the past:  
 (Caregivers: please comment on positive responses):

Vision (Vision)

<p>___ 1. Do you use glasses?:</p> <p>___ For reading</p> <p>___ For distant vision</p> <p>___ Contacts</p> <p>___ 2. Are you color blind?</p>	<p>Heart/Vascular</p> <p>Do you have:</p> <p>___16. Chest pain on effort</p> <p>___17. High blood pressure</p> <p>___18. Shortness of breath</p> <p>___19. Swelling of ankles</p> <p>___20. Heart murmur</p>
<p>3. Do you have:</p> <p>___ Retinal disease</p> <p>___ Cataracts</p> <p>___ Glaucoma</p> <p>___ 4. Do you use eye medicine?</p> <p>___ 5. Have you had eye surgery?</p> <p>___ 6. Have you had laser exposure?</p>	<p>Have you had:</p> <p>___21. Heart attack</p> <p>___22. Stroke</p> <p>___23. Rheumatic fever</p> <p>___24. Heart failure</p> <p>___25. Heart surgery</p>

Hearing

Do you have

\_\_\_ 7. Difficulty hearing

\_\_\_ 8. Ear disease

\_\_\_ 9. Ringing in the ears

\_\_\_10. Abnormal hearing test

\_\_\_11. Do you use a hearing aid?

\_\_\_12. Have you had ear surgery?

\_\_\_13. Ruptured ear drum?

\_\_\_14. Exposure to gunfire?

Respiratory

Do you have:

\_\_\_26. Chronic cough

\_\_\_27. Asthma

\_\_\_28. Bronchitis

\_\_\_29. Hay fever

\_\_\_30. Emphysema

Have you had:

\_\_\_31. Tuberculosis

\_\_\_32. Lung cancer

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_\_ / \_\_\_ / \_\_\_\_\_ Age: \_\_\_\_\_ Form: F-HXCOMP Page 2

### Medical History-Comprehensive

15. Wear hearing protection?

33. Lung surgery

34. Silicosis

35. Asbestos

36. Black lung

Liver or Gastrointestinal  
 Do you have or have you had:

Blood, Endocrine  
 Have you had:

37. Hepatitis

63. Anemia

38. Cirrhosis

64. Bleeding problems

39. Jaundice

65. Hormone problems

40. Frequent indigestion

66. Diabetes

41. Ulcer disease

67. Thyroid problem

42. Colitis

43. Other intestinal problems

44. Do you have a hernia?

45. Have you had hernia surgery?

Genitourinary:

Musculoskeletal:

Do you or have you had:

Do you or have you had:

46. Kidney trouble

68. Back trouble

47. Bladder trouble

69. Disc problems/surgery

48. Kidney stones

70. Shoulder problems/surgery

Skin:

71. Arm problems/surgery

72. Wrist problems/surgery

49. Do you have eczema?

73. Hand problems/surgery

50. Do you have psoriasis?

74. Hip problems/surgery

51. Any other skin conditions

75. Leg problems/surgery

76. Knee problems/surgery

77. Ankle problems/surgery

78. Foot problems/surgery

79. Broken bones

80. Numbness, tingling, and/or  
 pain in hands or arms

Neurologic

52. Tremors

53. Dizzy spells

54. Convulsions

56. Nerve damage

57. Serious head injury

58. Brain surgery

59. Nervous breakdown

Communicable Diseases:

Have you had:

81. Chicken pox

82. Measles

83. German Measles

84. Mumps

85. Hepatitis A

86. Hepatitis B

87. Hepatitis C

Are you taking medication for:

60. Anxiety or depression

61. Epilepsy

62. Parkinson's disease

Please list all prior jobs:

Company Name:

Dates Employed:

Job Description:

_____	_____	_____
_____	_____	_____
_____	_____	_____

Circle any of the following processes and/or jobs done in the past:

Processes:    abrasive blasting  
                  degreasing  
                  foundry  
                  painting

                 acid/alkali treatment  
                  electroplating  
                  forging  
                  welding

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_ Form: F-HXCOMP Page 3

### Medical History-Comprehensive

grinding or metal machining

Industries: flour, feed or grain      cotton processing  
 rubber      insulation  
 quarry work      construction  
 farming      petroleum  
 shipyards

Circle any of the following substances to which you have had regular exposure in the workplace:

Fumes or dusts:  
 silica      coal      asbestos      talc  
 fiberglass      cotton dust      sawdust  
 other: \_\_\_\_\_

Solvents:  
 benzene      carbon      tetrachloride      trichloroethylene  
 naptha      xylene      other : \_\_\_\_\_

Chemicals or gases :  
 ammonia      formaldehyde      hydrogen sulfide  
 cyanide      sulfur dioxide      chromium  
 mercury      lead      cadmium  
 nickel      other: \_\_\_\_\_

Miscellaneous:  
 radiation      insecticides/herbicides  
 cutting oils      motor exhaust  
 noise

Have you ever needed medical care for exposure to any of the above?  
 \_\_\_ Yes    \_\_\_ No

Type of problem: Skin: \_\_\_\_\_ Lungs: \_\_\_\_\_ Other: \_\_\_\_\_

Work related injuries and illnesses:

Year:	Injury and treatment:	Time off work:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Yes    No    Explain if yes  
 \_\_\_    \_\_\_    Have you ever applied for worker's compensation or disability payments for any injury or illness which developed on the job? Explain:  
 \_\_\_\_\_

\_\_\_    \_\_\_    Are you currently being treated by a doctor for a work related injury or illness? Explain:  
 \_\_\_\_\_

\_\_\_\_\_  
 Employee Signature

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Reviewed By

\_\_\_\_\_  
 Date



Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_/\_\_/\_\_\_\_ Age: \_\_\_\_ Form: F-EPWORT Page 1

### Epworth Sleepiness Scale

How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired? This refers to your usual way of life in recent times. Even if you have not done some of these things recently, try to work out how they would have affected you.

Use the following scale to choose the most appropriate number for each situation:

- 0 = no chance of dozing
- 1 = slight chance of dozing
- 2 = moderate chance of dozing
- 3 = high chance of dozing

Situation	Chance of Dozing
Sitting and reading	_____
Watching TV	_____
Sitting inactive in a public place (e.g. a theater or a meeting)	_____
As a passenger in a car for an hour without a break	_____
Lying down to rest in the afternoon when circumstances permit	_____
Sitting and talking to someone	_____
Sitting quietly after a lunch without alcohol	_____
In a car, while stopped for a few minutes in traffic	_____
Total Score:	_____

Patient Signature: \_\_\_\_\_

Caregiver Signature: \_\_\_\_\_

f-epwort



Patient: \_\_\_\_\_  
Patient ID: \_\_\_\_\_  
Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_

Company: \_\_\_\_\_  
Contact: \_\_\_\_\_

Date of Service: \_\_\_\_\_  
Form: F-RESPHX Page :

### Respirator Questionnaire

OSHA Mandatory Respirator Medical Evaluation Questionnaire  
29 CFR 1910.134

Can you read:  yes  no

Your employer must allow you to answer the questionnaire during normal working hours, or at a time that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

Part A Section 1 (Mandatory). The following information must be provided by every employee

who has been selected to use any type of respirator.

Please Print

1. Today's Date: \_\_\_/\_\_\_/\_\_\_
2. Your Name: \_\_\_\_\_
3. Your Age: \_\_\_\_\_
4. Your Social Security #: \_\_\_\_\_-\_\_\_\_-\_\_\_\_\_
5. Your Job Title: \_\_\_\_\_
6. Your Date of Birth: \_\_\_/\_\_\_/\_\_\_
7. Sex  Male  Female
8. Your Height: \_\_\_ feet \_\_\_ inches
9. Your Weight: \_\_\_ lbs.
10. Phone # where you can be reached to discuss your answers: (\_\_\_\_) \_\_\_\_\_-\_\_\_\_\_
11. The best time to call you at this number: \_\_\_\_\_  a.m.  p.m.
12. Has your employer told you how to contact the health care professional who will review this questionnaire?  yes  no
13. Check the type of respirator you will use. (You can check more than one category)  
 a. N,R, or P disposable respirator (filter-mask, non-cartridge type only).  
 b. Other type (for example, half- or full-facepiece type, powered-air purifying supplied air, self-contained breathing apparatus).
14. Have you worn a respirator?  yes  no  
If yes, what type(s): \_\_\_\_\_

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Part A Section 2. (Mandatory) Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator.

1. Do you currently smoke tobacco, or have you smoked tobacco in the last month?  yes  no
2. Have you ever had any of the following conditions?
  - a. Seizures (fits)  yes  no
  - b. Diabetes (sugar disease):  yes  no
  - c. Trouble smelling odors:  yes  no
  - d. Claustrophobia (fear of closed-in places)  yes  no
  - e. Allergic reaction that interfere with your breathing?  yes  no
3. Have you ever had any of the following pulmonary or lung problems?
  - a. Asbestosis  yes  no
  - b. Asthma  yes  no
  - c. Chronic bronchitis  yes  no
  - d. Emphysema  yes  no
  - e. Pneumonia  yes  no
  - f. Tuberculosis  yes  no
  - g. Silicosis  yes  no
  - h. Pneumothorax (collapsed lung)  yes  no
  - i. Lung cancer  yes  no
  - j. Broken ribs  yes  no
  - k. Any chest injuries or surgeries  yes  no
  - l. Any other lung problem you've been told about  yes  no

4. Do you currently have any of the following symptoms of pulmonary or lung

illness?

- a. Shortness of breath:  yes  no
  - b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline:  yes  no
  - c. Shortness of breath when walking with other people at an ordinary pace on level ground:  yes  no
  - d. Have to stop for breath when walking at your own pace on level ground:  yes  no
  - e. Shortness of breath when washing or dressing yourself:  yes  no
  - f. Shortness of breath that interferes with your job:  yes  no
  - g. Coughing that produces phlegm (thick sputum):  yes  no
  - h. Coughing that wakes you early in the morning:  yes  no
  - i. Coughing that occurs mostly when you are lying down:  yes  no
  - j. Coughing up blood in the last month:  yes  no
  - k. Wheezing:  yes  no
  - l. Wheezing that interferes with your job:  yes  no
  - m. Chest pain when you breathe deeply:  yes  no
  - n. Any other symptoms that you think may be related to lung problems:  yes  no
5. Have you ever had any of the following cardiovascular or heart problems?
- a. Heart attack:  yes  no
  - b. Stroke  yes  no
  - c. Angina  yes  no
  - d. Swelling in your legs and feet (not caused by walking)  yes  no
  - e. Heart Failure  yes  no
  - f. Heart arrhythmia (irregular heart beat)  yes  no
  - g. High blood pressure  yes  no
  - h. Any other heart problem that you've been told about:  yes  no
6. Have you ever had any of the following cardiovascular or heart symptoms?
- a. Frequent pain or tightness in the chest:  yes  no
  - b. Pain or tightness in your chest during physical activity:  yes  no
  - c. Pain or tightness in your chest that interferes with your job:  yes  no
  - d. In the past two years, have you noticed your heart skipping or missing a beat:  yes  no
  - e. Heartburn or indigestion that is not related to eating:  yes  no
  - f. Any symptoms that you think may be related to heart or circulation problems:  yes  no
7. Do you currently take medication for any of the following problems?
- a. Breathing problems  yes  no
  - b. Heart trouble  yes  no
  - c. Blood Pressure  yes  no
  - d. Seizures (fits)  yes  no
8. If you've used a respirator, have you ever had any of the following problems?  
(if you've never used a respirator, check the following box and go to question 9.)
- Never Used
  - a. Eye Irritation:  yes  no
  - b. Skin allergies or rashes:  yes  no
  - c. Anxiety  yes  no
  - d. General weakness or fatigue:  yes  no
  - e. Any other problem that interferes with your use of a respirator:  yes  no
9. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire:  yes  no

Questions 10 to 15 below must be answered by every employee who has been selected to use either a full-facepiece respirator or a self-contained breathing apparatus (SCBA). For employees who have been selected to use other types of respirators, answering these questions is voluntary.

10. Have you ever lost vision in either eye (temporarily or permanently):  yes  no
11. Do you currently have any of the following vision problems:  yes  no
- a. Wear contact lenses:  yes  no
  - b. Wear glasses:  yes  no
  - c. Color blind:  yes  no
  - d. Any other eye or vision problem:  yes  no
12. Have you ever had an injury to you ears, including a broken eardrum:  yes  no
13. Do you currently have any of the following hearing problems?  yes  no
- a. Difficulty hearing:  yes  no
  - b. Wear a hearing aid:  yes  no
  - c. Any other hearing or ear problem:  yes  no
14. Have you ever had a back injury:  yes  no
15. Do you currently have any of the following musculoskeletal problems?  yes  no
- a. Weakness in any of your arms, hands, legs or feet:  yes  no
  - b. Back pain  yes  no
  - c. Difficulty fully moving you arms & legs:  yes  no
  - d. Pain or stiffness when you lean forward or backward at the waist:  yes  no
  - e. Difficulty fully moving your head up or down:  yes  no
  - f. Difficulty fully moving your head side to side:  yes  no
  - g. Difficulty bending at your knees:  yes  no
  - h. Difficulty squatting to the ground:  yes  no
  - i. Climbing a flight of stairs or a ladder carrying more than 25 lbs.:  yes  no
  - j. Any other muscle or skeletal problem that interferes with using a respirator:  yes  no

Part B

Any of the following questions, and other questions not listed, may be added to the questionnaire at the discretion of the health care professional who will review the questionnaire.

1. In your present job, are you working at high altitudes (over 5,000 ft) or in a place that has lower than normal amounts of oxygen:  yes  no  
If 'yes' do you have feelings of dizziness, shortness of breath, pounding in your chest, or other symptoms when you're working under these conditions:  yes  no
2. At work or at home, have you ever been exposed to hazardous solvents, hazardous airborne chemicals (e.g., gases, fumes, or dust), or have you come into skin contact with hazardous chemicals:  yes  no  
If 'yes' name the chemicals if you know them:

- 
3. Have you ever worked with any of the materials, or under any of the conditions listed below:  yes  no
- a. Asbestos:  yes  no
  - b. Silica:  yes  no
  - c. Tungsten/Cobalt:  yes  no
  - d. Beryllium:  yes  no
  - e. Aluminum:  yes  no
  - f. Coal:  yes  no
  - g. Iron:  yes  no
  - h. Tin:  yes  no
  - i. Dusty environments:  yes  no
  - j. Any other hazardous exposures:  yes  no  
If 'yes' describe the exposure:

4. List any second jobs or side businesses you have:

5. List your previous occupations:

6. List your current & previous hobbies:

7. Have you been in the military service?  yes  no  
If 'yes' describe these exposures:

8. Have you ever worked on a HAZMAT team?  yes  no

9. Other than the medications for breathing and lung problems, heart trouble, blood pressure, and seizures mentioned earlier in this questionnaire, are you taking any other medications for any reason (including over-the-counter medications):  yes  no  
If 'yes' name the medications if you know them:

10. Will you be using any of the following items with your respirator(s)?

a. HEPA Filters	<input type="checkbox"/> yes	<input type="checkbox"/> no
b. Canisters (e.g. gas masks)	<input type="checkbox"/> yes	<input type="checkbox"/> no
c. Cartridges	<input type="checkbox"/> yes	<input type="checkbox"/> no

11. How often are you expected to use the respirator:

a. Escape only; no rescue	<input type="checkbox"/> yes	<input type="checkbox"/> no
b. Emergency rescue only	<input type="checkbox"/> yes	<input type="checkbox"/> no
c. Less than 5 hours per week	<input type="checkbox"/> yes	<input type="checkbox"/> no
d. Less than 2 hours per day	<input type="checkbox"/> yes	<input type="checkbox"/> no
e. 2 to 4 hours per day	<input type="checkbox"/> yes	<input type="checkbox"/> no
f. Over 4 hours per day	<input type="checkbox"/> yes	<input type="checkbox"/> no

12. During the period you are using the respirator(s), is your work effort:

a. Light (less than 200 kcal per hour):	<input type="checkbox"/> yes	<input type="checkbox"/> no
---	------------------------------	-----------------------------

If 'yes', how long does this period last during the average shift  
\_\_\_\_\_ hours \_\_\_\_\_ minutes  
Examples of a light work effort are sitting while writing, typing, drafting, or performing light assembly work; or standing while operating a drill press (1-3 lbs.) or controlling machines.

b. Moderate (200 to 350 kcal per hour)	<input type="checkbox"/> yes	<input type="checkbox"/> no
--	------------------------------	-----------------------------

If 'yes', how long does this period last during the average shift  
\_\_\_\_\_ hours \_\_\_\_\_ minutes  
Examples of moderate work effort are sitting while nailing or filing, driving a truck or bus in urban traffic; standing while drilling, nailing, performing assembly work, or transferring a moderate load (about 35 lbs.) at trunk level; walking on a level surface about 2 mph or down a 5-degree grade about 3 mph; or pushing a wheelbarrow with a heavy load (about 100 lbs.) on a level surface.

c. Heavy (above 350 kcal per hour):  yes  no  
If 'yes', how long does this period last during the average shift  
\_\_\_\_\_ hours \_\_\_\_\_ minutes  
Examples of heavy work are lifting a heavy load (about 50 lbs.) from the floor to your waist or shoulder; working on a loading dock; shoveling; standing while bricklaying or chipping castings; walking up an 8-degree grade about 2 mph; climbing stairs with a heavy load (about 50 lbs.)

13. Will you be wearing protective clothing and/or equipment (other than the respirator) when you're using the respirator:  yes  no  
If 'yes' describe this protective clothing and/or equipment:

14. Will you be working under hot conditions (temperature exceeding 77 degrees F)  yes  no

15. Will you be working under humid conditions:  yes  no

16. Describe the work you'll be doing while you're using your respirator(s):

17. Describe any special or hazardous conditions you might encounter when you're using your respirator(s) (e.g., confined spaces, life-threatening gases):

18. Provide the following information, if you know it, for each toxic substance that you'll be exposed to when you're using your respirator(s)

Name of toxic substance - #1:  
Estimated maximum exposure level per shift:  
Duration of exposure per shift:

-----  
Name of toxic substance - #2:  
Estimated maximum exposure level per shift:  
Duration of exposure per shift:

-----  
Name of toxic substance - #3:  
Estimated maximum exposure level per shift:  
Duration of exposure per shift:

-----  
Name of toxic substance - #4:  
Estimated maximum exposure level per shift:  
Duration of exposure per shift:

19. Describe any special responsibilities you'll have while using your respirator(s) that may affect the safety and well being of others (e.g. rescue, security)

\_\_\_\_\_  
Employee Signature \_\_\_\_\_  
Date

OSHA Mandatory Respirator Medical Evaluation Questionnaire Reviewed by:

\_\_\_\_\_  
PLHCP Signature \_\_\_\_\_  
Date  
f-resphx

Patient: \_\_\_\_\_ Company: \_\_\_\_\_ Date of Service: \_\_\_\_\_  
 Patient ID: \_\_\_\_\_ Contact: \_\_\_\_\_  
 Birthdate: \_\_\_/\_\_\_/\_\_\_\_\_ Age: \_\_\_\_\_ Form: F-RESPCL Page 1

### Respirator Med Clearance Form

Please check Type(s) of Respirator(s) to be used:

Air Purifying:

- Negative Pressure (half face or full face)
- PAPR (full face or hood)
- N95 Particulate Respirator

(rebreather)

Atmosphere Supplying:

- Airline (continuous flow)
- SCBA (positive pressure, pressure demand)
  - open circuit
  - closed circuit

Combined (airline/SCBA)

Level of Work Effort:  Light  Moderate  Heavy  Strenuous

Extent of Usage:

- On a daily basis
- Occasionally - but more than once a week
- Rarely - or for emergency situations only

Length of Time of Anticipated Effort in Hours: \_\_\_\_\_

Special Work Considerations: (i.e. high places, temperature, hazardous material, protective clothing, etc.)

\_\_\_\_\_  
 Company Safety Representative

\_\_\_\_\_  
 Telephone Number

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 Health Care Provider's Evaluation

Class (check one):

- No restrictions on respirator use
- Some specific use restrictions
- No respirator use permitted
- Need special frames for glasses if required to wear full-face respirator
- No contact lenses

Restrictions:

\_\_\_\_\_  
 FIT TEST TECHNICIAN HAS CONFIRMED THAT FACIAL HAIR IS NOT PRESENT ACROSS RESPIRATOR SEAL AREAS AT THE TIME OF TESTING (OSHA REG 29 CFR 1910.134)

\_\_\_\_\_  
 Health Care Provider Signature  
 f-respcl

\_\_\_\_\_  
 Date