

Realize a Healthier Workforce Today!

By 2011, the Center for Medicare and Medicaid Services predicts the cost of healthcare to be over \$9000 per capita. The Washington Business Group on Health estimates employer costs to double by 2007. Employer costs include loss time, decreased productivity and actual cost of claims.

CorpOHS can assist you in your efforts to manage these costs. We offer a Health Risk Assessment (HRA) which is a questionnaire designed to evaluate an individual's health risks. This tool, which can be combined with health screening information such as pulse, blood pressure and cholesterol, can be offered to your employees to assist them in identifying and managing their health risks. After completing the questionnaire, each individual receives a confidential Personal Risk Analysis. This report identifies their health risks and makes recommendations for lifestyle changes and choices to manage and decrease their risks. Resources to accomplish this are included in the report. In addition to the individual reports, a company group summary of aggregate data is generated which identifies the risk factors for your employee population. This allows the company to offer interventions tailored to your employee's specific needs to decrease their overall number of risks.

Realizing the benefits of a healthier workforce, decreased absenteeism, increased productivity and improved employee morale can begin with the HRA!

Call Michele Willis, RN, COHN-S, at (240)566-3593 to find out how to make this invaluable tool increase your bottom line!